



Power Promises

*Walking in the Power
of God's Word*



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Power Promises

God's promises to YOU!



THIS is the day the
Lord has made!

I will rejoice and be
glad in it!

Psalm 118:24



Here are Power Promises from God's Word to accompany what you are hearing in the Power Promises mp3/CD walking workout, and watching on the daily Power Promises email. Meditate on these truths, say them aloud and watch your faith grow!

God has already given you EVERYTHING you need to be successful in life: His Word!!!

*"His divine power **has given to us all things that pertain to life and godliness**, through the knowledge of Him who called us by glory and virtue, by which have been given to us **exceedingly great and precious promises**, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust" (2 Peter 1:3-4).*

This is the day the Lord has made! I will rejoice and be glad in it! (Ps. 118:24).

I make a conscious decision to rejoice – to allow the joy of the Lord to rise up on the inside of me – to rejoice and be glad in Him! The joy of the Lord is my strength (Nehemiah 8:10). Glory to God!

I praise You Lord for giving me this day. Your mercy and compassion are new every morning. “Great is Your faithfulness! ‘The Lord is my portion says my soul—therefore I hope in Him!’” (Lamentations 3:22-24).

“I will lift up my eyes unto the hills. From whence comes my help? My help comes from the LORD, who made heaven and earth. He will not allow my foot to be moved: He that keeps me will not slumber. Behold, He that keeps Israel shall neither slumber nor sleep.

“The LORD is my keeper: the LORD is my shade upon my right hand. The sun shall not strike me by day, nor the moon by night. The LORD shall preserve me from all evil: He shall preserve my soul. The LORD shall preserve my going out and my coming in from this time forth, and even forevermore” (Psalm 121:1-8).

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The Lord is
my portion.

What else do I need?

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Nothing is impossible with God! Nothing!

Jesus said it; I believe it—and that settles it. If I didn't believe it, it wouldn't be settled yet, but I make a conscious decision to believe what God said in His *Word*.

Jesus said, “With men this is impossible, but with God all things are possible” (Matthew 19:26).

I am fit in spirit, soul and body. I'm walking in victory, in health and power because I'm walking in the truth of God's Word and what He says about me. I walk in the authority of the believer.

Jesus said in Luke 10:19 *“Behold, I have given you the authority to tread upon serpents and scorpions, and over all the power (ability) of the enemy: and nothing shall by any means hurt you.”*

So devil, get out of my way! I bind and forbid you from operating against me or my family. You are defeated and under our feet in the authority and name of Jesus Christ!



I believe God’s Word—so I speak it out of my mouth. The more I speak it and hear God’s Word, the more my faith grows—because “faith comes by hearing and hearing by the Word of God” (Romans 10:17).

I thank God that faith is the substance of things hoped for, and it’s the evidence of things not yet seen (Hebrews 11:1).

I believe what Jesus said in John 10:10 – *“The thief does not come except to steal, and to kill, and to destroy.” but “I have come,” Jesus said. “that they may have life, and that they may have it more abundantly.”*

I am walking in that abundant life right now.

He is my glory and the lifter of my head. Glory to God! It feels so good to be alive and to know Jesus Christ as my eternal Savior and my Lord—my Beloved Jesus—my all in all!

I bless the Lord with my whole being—spirit, soul and body. With all my soul (my mind, will and emotions) I bless and praise the Lord.

*Bless the LORD, O my soul;
And all that is within me, bless His holy name!
Bless the LORD, O my soul,
And forget not all His benefits:
Who forgives all your iniquities,
Who heals all your diseases,
Who redeems your life from destruction,
Who crowns you with lovingkindness and
tender mercies,
Who satisfies your mouth with good things,
So that your youth is renewed like the
eagle's. (Psalm 103:1-5)*



Thank You, Lord that I'm getting stronger, healthier and more fit every day.

I will praise You Lord, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well. (Psalm 139:14)

This body is God's property. Nothing of the enemy can inhabit this body. Disease germs die instantly when they touch my body because 1 Corinthians 6:19 says that my body is the temple of the Holy Spirit of God—and nothing of the enemy can live in the temple of the Most High God.

I have been bought with a price—the precious blood of Jesus Christ—therefore I glorify God in my body and in my spirit, which are God's. (1 Cor. 6:20)

• • •
This body is
God's property.

• • •
My body is the
temple of the Holy
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1 Corinthians 6:19

• • •

I belong to the Lord spirit, soul and body—and since I belong to Him, He cares for me. I have no cares, for I cast all my care on the Lord. (1 Peter 5:6,7) Therefore, I refuse to worry. To worry is to meditate on the devil's thoughts—why would I want to do that?



Since I cast my cares on the Lord—they are in His capable hands now—so I put a big “No Fishing” sign there and refuse to go fishing around in Worry Lake!

I refuse to doubt. Worry and doubt are sin because the Bible says that whatever is not of faith is sin. (Romans 14:23)

I refuse to fear because the Bible says that God has not given me a spirit of fear, but of power and of love and of a sound mind. If God didn't give me a spirit of fear, it must be from the devil and I refuse to entertain the devil's thoughts or his spirits of fear.

Jesus said I'm to submit to God, I resist the devil and he will flee from me in terror. (James 4:7) I submit my life completely to God, so I easily resist the enemy and he leaves immediately.

Jesus paid the price for me to live a victorious life and be a light for others to come to Him. He always gives me the perfect words to say to people.

I walk in abundant life, health, prosperity, and newness of life. With long life He satisfies me and shows me His salvation (Ps. 91:16)

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To Worry is to

Meditate on

The Devil's Thoughts.

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I am free! He who the Son sets free is free indeed! (John 8:36).

I am strong! I am strong in the Lord and in the power of His might (Ephesians 6:10)

Let's now get fully dressed for our day by putting on the armor of God from Ephesians 6:11-17.

I put on the whole armor of God, that you may be able to stand against the wiles of the devil. For I do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

Therefore I take up the whole armor of God, that I may be able to withstand in the evil day, and having done all, to stand. I stand therefore—I put on the belt of truth; I put on the breastplate of righteousness, my feet are shod with the preparation of the gospel of peace. Above all, I take the shield of faith with which I am able to quench all the fiery darts of the wicked one. I take the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all prayer and supplication in the Spirit. (Ephesians 6:11-18)

Spend some time now praying for your family, friends, church, leaders in your community and nation; pray for a great awakening to God in this land, and pray for the peace of Jerusalem as the Bible says. (Psalm 122:6).

I hope you have enjoyed these daily walks in the Power-filled Promises of God. Filling your heart, mind and mouth with what God has to say will absolutely change your life in an uncompromisingly RADICAL way! Be a revolutionary for Jesus!

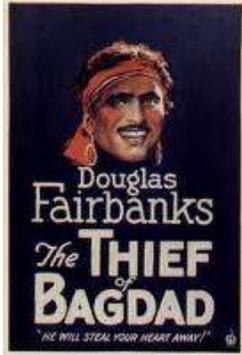
• • •
I am strong in the
Lord and in the
power of His might.

Ephesians 6:10

• • •
I put on the whole
armor of God—and
having done all,
I stand!

• • •

Kick Doubt OUT!



Doubt is a thief. The enemy comes to steal, kill and destroy (John 10:10) . Some of his tools and weapons are doubt, fear, worry and unbelief.

Jesus came to give life and that more abundantly (same John 10:10; Jesus' own words!). Some of His tools and weapons against the enemy are joy, faith, hope, love and praise. These are tools that return and restore what the enemy has stolen.

The Lord uses these tools THROUGH us. If you will refuse to allow the enemy to steal the Word and your Praise from you, he cannot keep what is yours!

Praise is the restorer. Praise is the fuel that runs the engine of faith.

-*-*-TOOLS IN OUR TOOLBELT-*-*-

WE have these life-changing tools in our tool belts. I'm looking at mine right now. Here's my joy -- have I used it yet today? The Joy of the Lord IS my strength (Neh. 8:10). I rejoice in the Lord by faith - especially when I don't feel it.



How about my faith? Am I using it on the building project I'm working on? Since faith is the substance of things hoped for (Heb. 11:1), I won't build anything worthwhile without the substance of faith -- and the clear blueprint of expectant hope. Faith works by love (Gal. 5:6), so I'd better make sure that tool is well-oiled and not rusty -- loving God first and foremost with all my heart, soul, mind and strength, and others as I love myself. Good, now my faith will work.

And praise. This tool seems to get stuck in my tool belt every time I go to take it out. I get distracted, or feel foolish, or logic and doubt assail me. Ah, I see that the tools & weapons of the enemy are being used against me to keep me from taking out the JACKHAMMER of Praise! Praise is a major Power tool I have (Fasting is another Power tool we can use!).

SO - I will take Praise off my tool belt right this moment and nothing/no one will stop me! I make a conscious decision to praise God right now -- I lift my hands AND my voice to give thanks, praise and worship the Lord.



As the children of Israel did in 2 Chronicles 20:22 -- "when they began to sing and to praise, the LORD set ambushes against" their enemies "and they were defeated" - their enemies "helped to destroy one another"!!!

"Lift up your hands
in the sanctuary,
and bless the
Lord."

"You will not need to fight in this battle. Position yourselves, stand still and see the salvation of the LORD, who is with you, O Judah and Jerusalem!" (2 Chron. 20:17). When they praised the Lord, God Himself "fought against the enemies of Israel."

Psalm 134:2



Here is the Jackhammer they used in vs. 21 (these same words were spoken in the temple in Solomon's day and "the priests could not stand for the glory of the Lord filled the temple" (2 Chron. 5:14, 7:2).

Over and over again they said the following, meaning it, declaring it, adding their faith and love to these words:

"Hallelujah! Ki tov, ki l'olam chasdo."

(phonetically) "Hallelu-yah! Kee-tove. Kee-lay-oh-lamm has-doh."

"Praise the Lord! For He is Good - and His Mercy endures forever."

You can praise Him with those words with your whole heart - revelation on the profound meaning of the words will come - praise and joy will fill your heart - and the Glory of the Lord will fill your temple (1Cor.6:19)! God INHABITS the praises of His people (Ps. 22:3).

As we say, "Praise moves God...deeply. So, keep praising the Lord!!!"